

Heather N. Rasmussen, Ph.D.

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Education

The University of Kansas, Lawrence, Kansas
Major: Counseling Psychology
School of Education
Degree: Doctor of Philosophy, August 2004
APA Accredited Program

Dissertation Title: *Optimism, Social Support, and Depression Following Myocardial Infarction: A Test of Mediator Models*; Chair: Shane J. Lopez, Ph.D.

The University of Kansas, Lawrence, Kansas
Major: Counseling Psychology
School of Education
Degree: Master of Science, May 2000

Thesis: *The Relationship Between Forgiveness and Adaptive Coping*; Chair: Shane J. Lopez, Ph.D.

The University of Iowa, Iowa City, Iowa
Majors: Psychology and Communication Studies
Degree: Bachelor of Arts, May 1996

Licensure

Licensed Psychologist #1386, Kansas

Overview of Professional Positions

- 2014-Present Practicum Coordinator, Counseling Psychology, School of Education, University of Kansas, Lawrence, KS (part-time position)
- 2015-Present C&P Psychologist, VA Eastern Kansas Healthcare System, Topeka, KS (as needed contract)
- 2013-2016 Director, Graduate School, School of Education, Northcentral University, Prescott Valley, AZ
- 2011-2013 Research Specialist, Graduate School, Northcentral University, Prescott Valley, AZ
- 2011-2016 Contract Technical Writer, Chimborazo Publishing, New York (freelance work)
- 2010-2011 Health Behavior Coordinator & Lead Tobacco Cessation Clinician, VA Eastern Kansas Health Care System, Topeka, KS
- 2007-2011 Licensed Psychologist in Independent Practice, Heather Rasmussen, PhD, LLC (2007-2011) & Responsive Centers for Psychology and Learning, Overland Park, KS (2008-2010)
- 2006-2010 Research Associate, The Institute for Educational Research & Public Service, School of Education, University of Kansas, Lawrence, KS

- 2004-2006 Postdoctoral Scholar, Cardiovascular Behavioral Medicine Training Program, Department of Psychiatry, University of Pittsburgh Medical Center & Psychology Department, Carnegie Mellon University
- 2003-2004 Doctoral Psychology Intern, Colmery-O'Neil VA Medical Center, Topeka, KS
- 2002-2003 Adjunct Instructor, Psychology Department, Baker University, Baldwin, KS
- 2001-2002 Counselor, University of Kansas Medical Center Student Counseling Center, Kansas City, Kansas
- 1999-2003 Graduate Teaching Assistant/ Research Assistant, Department of Psychology & Research in Education, School of Education, University of Kansas
- 1998-2000 Research Assistant, Heartland Forgiveness Project, Department of Psychology, University of Kansas
- 1997-1998 Research Assistant, NICHD Study of Early Child Care, University of Kansas

Teaching Experience

Adjunct Professor, LEAD 786: Quantitative Analysis, Abilene Christian University, Dallas, Texas
Summer 2017

Duties: Responsible for teaching quantitative research online course for EdD students. Provide substantive, timely feedback to students and assign final course grades. Establish rapport with students in an online course room environment.

Practicum Coordinator, Counseling Psychology, University of Kansas, Lawrence, Kansas
Fall 2014-Present

Supervisor: Steve Lee, PhD, Chair, Department of Educational Psychology

Duties: Responsible for placing master's and doctoral students in external practicum placements. Develop relationships with new practicum sites and foster ongoing relationships with existing sites. Provide policies and procedures to students and site supervisors. Teach advanced practicum II class, a doctoral student practicum course.

Lecturer, EPSY 949: Advanced Practicum II, University of Kansas, Lawrence, Kansas
Fall semester 2015

Supervisor: Steve Lee, Ph.D., Chair, Department of Educational Psychology

Duties: Responsible for developing, organizing, and teaching a doctoral level counseling psychology advanced practicum course. Developed course curriculum based on APA accreditation requirements, evaluated work of doctoral students, and assigned final course grades.

Lecturer, PRE 842: Practicum, University of Kansas, Lawrence, Kansas
Spring semester 2014

Supervisor: Steve Lee, Ph.D., Chair, Department of Psychology and Research in Education

Duties: Responsible for developing, organizing, and teaching a master's level counseling psychology advanced practicum course. Developed course curriculum based on APA accreditation requirements, evaluated work of doctoral students, and assigned final course grades.

Adjunct Professor, PRE 949: Advanced Practicum II, University of Kansas, Lawrence, Kansas
Spring semester 2014

Supervisor: Steve Lee, Ph.D., Chair, Department of Psychology and Research in Education

Duties: Responsible for developing, organizing, and teaching a doctoral level counseling psychology advanced practicum course. Developed course curriculum based on APA accreditation requirements, evaluated work of doctoral students, and assigned final course grades.

Adjunct Professor, PRE 844: Theory of Group Counseling, University of Kansas, Lawrence, Kansas
Fall semester 2013

Supervisor: Steve Lee, Ph.D., Chair, Department of Psychology and Research in Education

Duties: Responsible for developing, organizing, and teaching a graduate level counseling psychology course in theory of group counseling. Developed course curriculum based on CACREP and APA accreditation requirements, evaluated work of master's and doctoral students, and assigned final course grades.

Guest Lecturer, Positive Psychology Seminar, University of Kansas, Overland Park, Kansas
March 2008

Course Instructor: Shane J. Lopez, Ph.D. Department of Psychology and Research in Education

Duties: Developed original presentation focused on research on dispositional optimism and physical health.

Adjunct Instructor, PY 385: Counseling, Baker University, Baldwin City, Kansas
January 2003-May 2003

Supervisor: Rand Ziegler, Ph.D., Psychology Department Chair

Duties: Responsible for developing, organizing, and teaching an introductory level, undergraduate course in counseling. Evaluated work of students and assigned final course grades.

Adjunct Instructor, PY 238: Abnormal Psychology, Baker University, Baldwin City, Kansas
August 2002-December 2002

Supervisor: Rand Ziegler, Ph.D., Psychology Department Chair

Duties: Responsible for developing, organizing, and teaching an introductory level, undergraduate course in abnormal psychology. Evaluated work of students and assigned final course grades.

Graduate Teaching Assistant/Course Coordinator, PRE 101: Orientation Seminar, Department of Psychology and Research in Education, School of Education, University of Kansas
August 1999-December 1999; August 2001-July 2003

Supervisor: Kathryn Nemeth-Tuttle, Ph.D.

Duties: Responsible for teaching freshman about the university community and how to succeed in college. Developed curriculum for the course; topics included stress management, hope and goal setting, speaking and writing skills, critical thinking, diversity, test taking and study skills, campus resources, and choosing a major. Evaluated work of students and assigned final course grades. Recruited and trained forty undergraduate volunteers each year to serve as small group discussion leaders for the course. Also responsible for the coordination and setup of all sections of PRE 101 (twenty-four sections in fall semester, eight sections in spring and summer sessions), as well as management of instructional materials and training for all PRE 101 instructors.

Graduate Teaching Assistant/Course Coordinator, PRE 497: Independent Study, Department of Psychology and Research in Education, School of Education, University of Kansas
August 2001-May 2003

Supervisor: Kathryn Nemeth-Tuttle, Ph.D.

Duties: Supervised 30 undergraduate students serving as small group discussion leaders for the PRE 101: Orientation Seminar Course. Developed and conducted trainings on course topics and classroom management skills. Evaluated final projects and assigned final course grades.

Guest Lecturer, Career Horizons Program, University of Kansas
Summer 2003

Duties: Lectured and led activities focused on multicultural awareness to instructors of the Career Horizons Program. This program is a career intervention program for middle school students who are at risk for vocational underachievement.

Guest Lecturer, Health Career Pathways Program, University of Kansas

Summer 2001

Course Instructor: Amber Reagan-Kendrick

Duties: Lectured on stress management principles and techniques to students enrolled in the Health Career Pathways Program. This program is designed to prepare minority students for undergraduate, graduate, and professional programs in medical fields.

Practicum Supervisor, PRE 842: Beginning Practicum, Department of Psychology and Research in Education, School of Education, University of Kansas

August 2000 – December 2000

Supervisor: James W. Lichtenberg, Ph.D., Training Director

Duties: Conducted individual supervision of master's students enrolled in a beginning practicum class. Assisted in providing group supervision to the practicum class.

Graduate Teaching Assistant, PRE 210: Career and Life Planning, Department of Psychology and Research in Education, School of Education, University of Kansas

August 2000- May 2001

Supervisor: Richard Nelson, Ph.D.

Duties: Responsible for teaching college students career and life exploration and planning skills. Led groups in a variety of discussions and activities related to career exploration. Provided interpretations of the Myers-Briggs Type Indicator and the Strong Interest Inventory. Evaluated written assignments and assigned final course grades.

Graduate Teaching Assistant, PSYC 480: Independent Study, Department of Psychology, University of Kansas

January 1999-May 2000

Supervisor: C. R. Snyder, Ph.D.

Duties: Supervised groups of undergraduate research assistants enrolled in an independent study psychology course. Taught basic research skills such as performing literature searches, critically examining research articles, and conducting simple statistical analyses. Focused on the preparation of students bound for graduate school by guiding them in the application process including the development of a curriculum vitae and personal statement. Supervised research tasks including contacting potential participants, conducting experiments, entering data, and maintaining computer files. Evaluated individual projects and assigned final course grades. Drafted letters of recommendation for students.

Research/ Evaluation Experience

Director; Director of Research Curriculum and Training; Research Specialist, Graduate School and School of Education, Northcentral University, Prescott Valley, AZ (virtual position)

2011- April 2016

Supervisor: Heather Frederick, PhD, Dean; John LaNear, JD, PhD, Senior Vice-President; Rebecca Warlow, EdD, Dean

Duties: Reviewed doctoral student milestone documents, including dissertation proposals and dissertation manuscripts for research method and design rigor, scholarly writing, and adherence to *APA Publication Manual* manuscript requirements for students at an accredited online university. These milestone documents were from doctoral students in the School of Business and Technology Management, School of Psychology, and the School of Education. Consulted with faculty (dissertation chairs) and their students regarding research and protocol guidance via telephone and email (for all schools). Served as dissertation chair for doctoral students from the School of Psychology, School of Education, and School of Business and Technology Management. Trained new full-time dissertation chairs. Developed university-wide research curriculum students in all three schools. Supported university-wide academic quality of the dissertation programs. Provided research assistance and programmatic support for initiatives related to doctoral education and the maintenance of academic quality of the doctoral program. Conducted institutional research and wrote research

reports of findings. Supervised 16 full-time doctoral-level dissertation Chairs, two part-time PhD-level methodology experts, and 16 PhD-level adjunct dissertation Chairs in the Graduate School. After a university reorganization, transferred to a supervisor for 10 full-time doctoral level dissertation Chairs, two part-time PhD-level methodology experts, and 20 PhD-level adjunct dissertation Chairs in the School of Education.

Research Associate/Evaluator; The Institute for Educational Research & Public Service, School of Education, University of Kansas

September 2006-September 2010

Supervisor/ Principal Investigator: Jackie Counts, PhD, Assistant Director

Duties: Served as co-principal investigator and principal researcher on a grant to develop a self-report measure of parental protective factors against child maltreatment by conducting literature searches, generating possible items for the measure, designing the validation phase of the Protective Factors Survey, developing the manual to ensure the survey is administered with fidelity, selecting validation measures, analysis of data, and writing up results and submitting for peer-reviewed publication. Other duties included ongoing grant-writing; assisting in the development of an evaluation framework for early childhood education, social, and health programs in Kansas, particularly regarding the use of evidence-based practices and programs; developed web-based surveys to gather data for state and federal reporting requirements; developed and managed databases with large datasets; reported and presented technical and evaluation findings to various groups of stakeholders, including the Kansas Children's Cabinet and Trust Fund and then Kansas Governor Kathleen Sebelius; and statistical analyses for various projects. Provided in-person and web-based technical assistance and training to community-based child maltreatment prevention workers, early childhood education staff, and to interdisciplinary staff working for various state agencies in Kansas in the use of the Protective Factors Survey, evidence-based practices, and the use of rigorous research and evaluation methods to provide effectiveness and quality improvement data to support their programs and practices. Supervised graduate and undergraduate research assistants. Provided statistical and other technical assistance to the Dean of the School in preparation for the School of Education's NCATE accreditation visit.

Postdoctoral Fellow; Cardiovascular Behavioral Medicine Training Program, NIH Grant #: HL07560

Department of Psychiatry, University of Pittsburgh

Department of Psychology, Carnegie Mellon University; Pittsburgh, Pennsylvania

August 2004-August 2006

Primary Mentor: Michael F. Scheier, Ph.D., Professor and Department Head, Psychology Department, Carnegie Mellon University; Co-director, Pittsburgh Mind Body Center

Secondary Mentor: Karen A. Matthews, Ph.D., Professor, Department of Psychiatry and Director, Pittsburgh Mind Body Center, University of Pittsburgh

Duties: As part of an NIH-funded postdoctoral research training program, designed studies and conducted research on psychological and social factors related to physical well-being and cardiovascular disease. Designed and maintained large databases, utilized SPSS to analyze data, collaborated with multi-disciplinary teams of researchers, and submitted results for peer-reviewed publication. Additional training in advanced statistics and grant writing.

Research Assistant, Profiles of Courage Research Project, University of Kansas

January 2001-August 2004

Supervisor/ Principal Investigator: Shane J. Lopez, Ph.D., Associate Professor, University of Kansas

Duties: Coordinated and designed research projects on the construct of courage. Investigated courage as it relates to other human strengths, coping processes, and life outcomes.

Research Group Co-Founder, DREAM (Diversity REsearch And Multiculturalism), University of Kansas

May 2001-August 2004

Duties: Designed and conducted psychological research examining diversity and multicultural issues with other graduate students in the Counseling Psychology program. Facilitated monthly meetings, reviewed contemporary research in multiculturalism and psychology.

Graduate Research Assistant, Heartland Forgiveness Project, University of Kansas

July 1998-August 2000

Supervisor/ Principal Investigator: C.R. Snyder, Ph.D.

Duties: Conducted literature searches, assisted in development of a self-report measure of forgiveness by generating and selecting possible items for the measure and administering those items to study participants. Coordinated several individual studies on this grant-funded research project which involved making contributions to the conceptualization and design of those studies. Performed extensive literature reviews to guide various phases of the research project. Recruited and collected data from both student and non-student study participants. Supervised undergraduate research assistants in recruitment of subjects and collection of data. Assisted in the design of a health outcome study.

Graduate Research Assistant, The National Institute of Child Health and Human Development (NICHD) - Study of Early Child Care, University of Kansas

October 1997- June 1998

Principal Investigator: Marion O'Brien, Ph.D.; Direct supervisor: Carolyn Roy, Ph.D.

Duties: Collected data for a grant-funded, multi-site, longitudinal study of children and families, and their child care arrangements using standardized laboratory procedures; trained and certified to administer the Woodcock-Johnson-Revised Cognitive and Achievement Test Batteries, an attribution bias task, various child questionnaires, a computerized concentration task, and standardized interviews with the mothers.

Research Assistant, Postpartum Health Research Group, University of Iowa

August 1995-July 1996

Principal Investigator: Michael O'Hara, Ph.D.

Duties: Assisted in the data collection for a grant-funded intervention study aimed at investigating the efficacy of interpersonal therapy for women with postpartum depression. Recruited participants by telephone, conducted standardized sociodemographic interviews of potential study participants, trained to administer the Structured Clinical Interview for the DSM-III-R (SCID), and administered standardized assessments to infants and their mothers in the home.

Clinical Experience

C&P Psychologist (fee for service/contract provider), VA Eastern Kansas Health Care System, Topeka, Kansas

January 2015-Present

Contact: Gina Graham, PhD, Licensed Psychologist

Duties: Provide compensation and pension examinations for Veterans. Conduct psychodiagnostic interviews and administer psychological assessments to Veterans. Dependent on VA needs and my availability.

Health Behavior Coordinator & Lead Tobacco Cessation Clinician, VA Eastern Kansas Health Care System, Topeka, Kansas

September 2010-November 2011

Supervisor: Sudhir Hegde, M.D.

Duties: Developed implemented, and evaluated health promotion activities and programming at the facility. Developed educational training curriculum for staff and psychoeducational curriculum for patients. Trained and consulted with health care teams (physicians, nursing, and allied health staff) regarding health behavior change coaching and patient-centered communication skills. Wrote technical evaluation reports to monitor program effectiveness and to engage in program improvement. Administered psychological assessments and conduct health behavior change interventions. Developed, managed, and implemented the tobacco use cessation program for veterans. Utilized technology, such as tele-video and secure messaging, to broaden the reach of our healthcare services.

Licensed Psychologist, Independent Practice, Responsive Centers for Psychology and Learning, Overland Park, KS

September 2008-2011

Duties: Administered psychological assessments and completed psychological evaluations for a wide variety of issues, including psychological screenings for juvenile offenders, children and adolescents with behavioral issues and mood disorders, adults with severe and persistent mental illness, and psychoeducational evaluations. Administered cognitive, achievement, and personality assessments.

Psychology Resident, Obesity and Eating Disorders Research Group, University of Pittsburgh School of Medicine, Pittsburgh, PA

September 2004-May 2006

Supervisor: Melissa Kalarchian, Ph.D., Licensed Psychologist

Duties: As part of a supervised postdoctoral clinical experience, facilitated several 20-week manualized behavioral treatment groups for severely overweight children and their family members. Coached these children and their family members on healthy eating and lifestyle change in individual family sessions. Aided the children and families in goal setting, motivation for behavioral change, problem solving, and relapse prevention. As part of a second research study, conducted phone interviews of adult patients undergoing bariatric surgery for weight loss using the Structured Clinical Interview for the DSM-IV (SCID I & II). Provided individual behavioral treatment for weight loss and lifestyle change to adults who have had bariatric surgery for weight loss.

Psychology Intern, Colmery-O'Neil VA Medical Center, Topeka, Kansas

July 2003-July 2004

APA Accredited Predoctoral Psychology Internship

Training Director: Jonathan Farrell-Higgins, Ph.D.; (785)331-3300 ext. 2133

Duties: Administered psychological assessments to veterans with severe and persistent mental illnesses, including the MMPI2, Thematic Apperception Test, Rorschach (Exner System), Bender Gestalt, WAIS III, Shipley Institute of Living, and the Draw A Person test. Conducted neuropsychological assessment of clinical populations with traumatic brain injuries, dementia, seizure disorders, cerebrovascular disease, and other health conditions. Administered test batteries to assess intelligence, memory, motor control, and perception using a flexible battery approach. Interpreted findings and wrote integrative test reports for interdisciplinary mental health teams. Co-facilitated anger management group for veterans, a support group for women with husbands diagnosed with post-traumatic stress disorder, a general psychotherapy group for veterans diagnosed with combat related post-traumatic stress disorder, and a trauma psychotherapy group for veterans diagnosed with combat related post-traumatic stress disorder. Facilitated various psychoeducational groups for veterans. Provided individual therapy to veterans. Attended daily interdisciplinary team meetings and weekly staff meetings. Conducted two research studies and submitted the findings for presentation at the 2004 annual meeting of the American Psychological Association. Completed rotations in the Mental Health Clinic (inpatient and outpatient psychiatry), Specialized Inpatient Post-Traumatic Stress Disorder Unit, and Neuropsychological Assessment.

Psychology Trainee/ Practicum Student, VA Medical Center, Kansas City, Missouri

September 2002-May 2003

Supervisor: Dean Skadeland, Psy.D.

Duties: As part of a supervised psychodiagnostic field experience, conducted neuropsychological assessment of clinical populations with traumatic brain injuries, dementia, seizure disorders, cerebrovascular disease, and other health conditions. Administered test batteries to assess intelligence, memory, motor control, perception, emotion, and personality. Scored tests and completed written reports.

Group Counselor/ Practicum Student, Bert Nash Community Mental Health Center, Lawrence, Kansas

August 2002-October 2002

Supervisor: Maria Iardi, ARNP, MSN, CS

Duties: Co-facilitated a twelve-week cognitive-behavioral group for adults with depression at this community mental health setting. This group is based on Beck's cognitive model.

Counselor, University of Kansas Medical Center Student Counseling Center, Kansas City, Kansas

November 2001 – May 2002

Supervisor: Larry Long, Jr., Ph.D., Director

Duties: Conducted intake interviews and provided individual therapy to students enrolled in academic programs at the Medical Center. Attended weekly staff meetings and updated psychoeducational materials for the center.

Counselor/ Practicum Student, Bert Nash Community Mental Health Center, Lawrence, Kansas

August 2001-November 2001

Supervisors: Fredric Metzger, Ph.D. and Ronda Oswald-Reitz, Ph.D.

Duties: As part of a supervised field experience, provided individual therapy to adults at this community mental health setting.

Counselor/ Practicum student, Counseling and Psychological Services, University of Kansas

August 2000 – May 2001

Supervisor: Heather Goldstein Frost, Ph.D.

Duties: Provided individual therapy to students enrolled in academic programs at the University; intake interviews, limited psychological assessment. Received individual and group supervision including the frequent evaluation of videotaped therapy sessions. Attended weekly staff meetings and brief presentations on various topics of clinical significance.

Group Facilitator, Making Hope Happen in the Schools, Lawrence, Kansas

Spring 2001

Supervisor: Shane J. Lopez, Ph.D.

Duties: Co-led a group of eight fourth grade students during a five-week intervention designed to teach and increase hopeful thinking. Facilitated group discussion and guided projects focused on exploring the meaning of hope and the application of hope in the lives of group members.

Counselor/ Practicum student, University of Kansas Medical Center Student Counseling Center, Kansas City
January 2000 – May 2000

Supervisor: Julie Wood-Warner, Ph.D.

Duties: Provided individual therapy to students enrolled in academic programs at the Medical Center; intake interviews; limited psychological assessment. Attended Department of Psychiatry Grand Rounds presentations weekly. Received six-week instruction in health psychology from Jeffrey Martin, Ph.D., Director of the Counseling Center.

Counselor/ Practicum student, Miami County Mental Health Center, Paola, Kansas

January 1999 - May 1999

Supervisors: Marc Schlosberg, Ph.D. and Theresa Coddington, Ph.D.

Duties: Provided individual therapy and family therapy to adults, adolescents, and children at this community mental health center. Facilitated a social skills training group with adolescents at an alternative school.

Additional Experience

Contract Technical Writer (freelance), Chimborazo Publishing, New York

November 2011-2016

Contact: Rita Mitra

Duties: Develop supplemental textbooks materials for a large textbook publishing company, including chapter specific PowerPoint presentations, quizzes, test banks, and other instructor materials. Developed these resources for developmental psychology, introductory psychology, human sexuality, abnormal psychology, and counseling textbooks.

Associate Editor, *Journal of Online Doctoral Education*

2013-2014

Duties: Responsible for the creation of a peer-reviewed, scholarly journal focusing on research on online doctoral education. Developed infrastructure for the journal, review and edit submitted articles.

Editor, *Journal of Contemporary Counseling*, University of Kansas

Fall 2000- Fall 2001

Duties: Responsible for organizing the editorial board of the departmental journal sponsored by the Counseling Psychology Student Organization. Solicited paper submissions from graduate students. Reviewed and edited articles for adherence to APA style. Gave constructive feedback to authors. Designed and published the journal.

Editorial Assistant, *Positive Psychological Assessment: A Handbook of Models and Measures*

May 2000- May 2002

Supervisor: Shane J. Lopez, Ph.D.

Duties: Assisted editors in library research, editing manuscripts, and soliciting authors; organized database of author information, and designed letterhead and postcards for the project. Editors: S. J. Lopez, Ph.D. and C. R. Snyder, Ph.D.

Editorial Board Member, *Journal of Contemporary Counseling*, University of Kansas

Spring 2000

Duties: Reviewed and edited articles submitted by graduate students for the departmental journal, made recommendations concerning the publications of articles, and gave constructive feedback to authors.

Graduate Assistant Advisor, Freshman-Sophomore Advising Center, University of Kansas

September 1998-August 2001

Supervisor: Tammara Durham, Ed.D., Associate Director

Duties: Responsible for the academic advisement of 150 freshman each academic year. Disseminated major and career information, university policies and procedures, and enrollment information to students. Referred students to appropriate campus resources. Assisted students with the major and career decision making process and offered guidance to students on academic and monitored academic probation. Advised entering freshman and transfer students at orientation programs. Presented advising and enrollment information outreach programs to freshman students. Aided in the selection and training of twenty undergraduate peer advisors. Attended weekly staff meetings and monthly training sessions.

Grant-Writing Experience

A Mixed Methods Approach to Preventing Child Maltreatment and Promoting Optimal Child Outcomes, submitted to the Quality Improvement Center on Early Childhood (Health and Human Services funded). **Role: Principal Investigator**, 2010. Description: A longitudinal prospective study to investigate the addition of Motivational Interviewing to Healthy Families (a home visitation service) and a quasi-experimental study to investigate whether Strengthening Families (a community-base child abuse prevention approach) is additive to existing evidence-based prevention programs.

The Kansas Home Visitation Model. Augmenting Home Visitation Services Using Motivational Interviewing to Increase Family Engagement and Retention: A Community Comparison, submitted to the Pew Center on the States. **Role: Principal Investigator**, 2009. Description: A randomized controlled study to investigate whether Motivational Interviewing is associated with increased engagement and retention in home visitation services.

Youth Empowerment Program Grant, submitted to The Department of Health and Human Services. **Role: Member of grant-writing team**, 2009.

Kinship Navigator Program Grant, submitted to the Administration on Children, Youth, and Families Children's Bureau. **Role: Co-Principal Investigator**, 2009.

Project LAUNCH, submitted to the Substance Abuse and Mental Health Services

Administration, Status: funded for \$4,250,000. **Role: Member of grant-writing team and team expert on evidence-based practice**, 2009.

State of Kansas Proposal for the Governor's Summit on Early Childhood, submitted to the National Governor's Association (NGA) Center for Best Practices, Status: funded for \$10,000. **Role: Member of grant-writing team**, 2007.

Description: Member of planning team which organized a one day summit for over 150 legislators and business leaders in Kansas to provide education on the importance of investing in early childhood.

Community-Based Grants for the Prevention of Child Abuse and Neglect, submitted to the United States Department of Health and Human Services, Status: funded for \$773,716. **Role: Member of grant-writing team**, 2007-2008. Description: Develop and implement a web-based survey to assess programs use of evidence-based practices for prevention of child maltreatment. Provide technical assistance presentations to grantees on selecting and implementing evidence-based programs.

Protective Factors Survey Development, submitted to FRIENDS National Resource Center for Community-Based Child Abuse and Prevention, Status: funded for \$50,000. **Role: Co-Principal Investigator, member of grant-writing team, and principal researcher**, 2006-2008.

Description: Member of research team which is constructing and validating a self-report measure of multiple parental protective factors against child maltreatment. Responsible for generating items for the measure, the designs of the studies, data collection, basic statistical analyses, and writing up results for publication. Manage a team of graduate and undergraduate research assistants.

Refereed Publications

Pressman, S. D., Jenkins, B., Kraft, T. L., **Rasmussen, H. N.**, & Scheier, M. F. (2017). The Whole is Not the Sum of Its Parts: Specific Types of Positive Affect Influence Sleep Differentially. *Emotion*, 5, 778-793. doi: 10.1037/emo0000256

Rasmussen, H. N., O'Byrne, K. K., Cole, B. & Vandament, M. (in press). Hope and physical health. *The Oxford Handbook of Hope*, Oxford, UK: Blackwell Publishing.

Rasmussen, H. N., & Wallio, S. (in press). Health psychology. In S. J. Lopez (Ed.), *Encyclopedia of positive psychology*, Oxford, UK: Blackwell Publishing.

Rasmussen, H. N., & O'Byrne, K. K. (in press). Positive constructs and health. In S. J. Lopez (Ed.), *Encyclopedia of positive psychology*, Oxford, UK: Blackwell Publishing.

O'Byrne, K. K., & **Rasmussen, H. N.** (in press). Aesthetic appreciation. In S. J. Lopez (Ed.), *Encyclopedia of positive psychology*, Oxford, UK: Blackwell Publishing.

Rasmussen, H. N., & Lavish, L. (2014). Broad Definitions of Culture in the Field of Multicultural Psychology. In J. T. Pedrotti & L. A. Edwards (Eds.), *Perspectives on the Intersection of Positive Psychology and Multiculturalism*. New York: Springer.

Counts, J. M., Buffington, E., Chang-Rios, K., **Rasmussen, H. N.**, & Preacher, K. (2010). The development and validation of the Protective Factors Survey: A self-report measure of protective factors against child maltreatment. *Child Abuse and Neglect*, 34, 762-772.

- Lopez, S. J. **Rasmussen, H. N.**, Skorupski, W. P., Koetting, K., Petersen, S., & Yang, Y. T. (2009). Folk conceptualizations of courage. In C. Pury & S. J. Lopez (Eds.), *Courage*. Washington DC: American Psychological Association.
- Rasmussen, H. N.**, Scheier, M. F., & Greenhouse, J. (2009). Optimism and physical health: A meta-analytic review. *Annals of Behavioral Medicine*.
- Rasmussen, H. N.** (2009). Health psychology. In S. J. Lopez (Ed.), *Encyclopedia of positive psychology*. Blackwell Publishing.
- Rasmussen, H. N.** & Pressman, S. (2009). Positive constructs and physical health. In S. J. Lopez (Ed.), *Encyclopedia of positive psychology*. Blackwell Publishing.
- Rasmussen, H. N.** & Wallio, S. (2008). The health benefits of optimism. In S. J. Lopez (Ed.), *Positive psychology perspective series, Vol. 1*, Greenwood Publishing Group.
- Neufeld, J. E., **Rasmussen, H. N.**, Ryder, J., Magyar-Moe, J. L., Ito, A., Edwards, L. M., Bouwkamp, J., & Lopez, S. J. (2006). Overcoming environmental neglect: Toward an Engagement Model of person-environment interaction. *The Counseling Psychologist*, 34 (2), 245-259.
- Rasmussen, H. N.**, Wrosch, C., Scheier, M. F., & Carver, C. S. (2006). Self-regulation processes and health: The importance of optimism and goal adjustment. *Journal of Personality*, 74 (6), 1721-1747.
- Magyar-Moe, J. L., Pedrotti, J. T., Edwards, L. M., Ford, A. I., Petersen, S., **Rasmussen, H. N.**, & Ryder, J. (2005). Perceptions of multicultural training in pre-doctoral internship programs: A survey. *Professional Practice and Research in Psychology*, 36 (4), 446-450.
- Thompson, L. Y., Snyder, C. R., Hoffman, L., Michael, S. T., **Rasmussen, H. N.**, Billings, L. S., Heinze, L., Neufeld, J. E., Shorey, H. S., Roberts, J. R., & Roberts, D. E. (2005). Dispositional forgiveness of self, others, and situations. *Journal of Personality*, 73 (4), 313-359.
- Lopez, S. J., & **Rasmussen, H. N.** (2004). Counseling. In S. W. Lee (Ed.), *Encyclopedia of school psychology*. New York: Sage Publications.
- Lopez, S. J., & **Rasmussen, H. N.** (2004). School counselor. In S. W. Lee (Ed.), *Encyclopedia of school psychology*. New York: Sage Publications.
- Lopez, S. J., Snyder, C.R., & **Rasmussen, H. N.** (2003). Striking a vital balance: Developing a complementary focus on human weakness and strength through Positive Psychological Assessment. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 3-20). Washington DC: American Psychological Association.
- Prinstein, M. J., Lopez, S. J. & **Rasmussen, H. N.** (2003). Navigating the internship application process. In M. J. Prinstein & M. Patterson (Eds.), *The portable mentor: Expert guide to a successful career in psychology* (pp. 157-169). Boston: Kluwer Academic/ Plenum Press.
- Rasmussen, H. N.**, Neufeld, J. E., Bouwkamp, J., Edwards, L. M., Ito, A., Magyar-Moe, J. L., Ryder, J., & Lopez, S. J. (2003). Environmental assessment: Examining influences on optimal human functioning. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 443-458). Washington DC: American Psychological Association.
- Lopez, S. J., Edwards, L. M., Pedrotti, J. T., Ito, A., & **Rasmussen, H. N.** (2002). Culture counts:

Examinations of recent applications of the Penn Resiliency Program (or, Towards a rubric for examining cultural appropriateness of prevention programming). *Prevention & Treatment*, 5, Article 12. Available: <http://journals.apa.org/prevention/volume5/pre0050012c.html>

Lopez, S. J., Prosser, E. C., Edwards, L. M., Magyar, J. L., Neufeld, J. E., & **Rasmussen, H. N.** (2001). Putting positive psychology in a multicultural context. In C. R. Snyder & S. J. Lopez (Eds.), *The handbook of positive psychology* (pp. 700-714). New York: Oxford Press.

Policy Paper

Lopez, S. J., Edwards, L. M., Pedrotti, J. T., Ito, A. S., **Rasmussen, H. N.**, & Mellard, D. (2002). "Culture Counts" when identifying and serving Spanish-speaking adults with learning disabilities. A policy paper submitted to the Office of Vocation and Adult Education.

Nominally Reviewed Publication

Lopez, S. J., Petersen, S., **Rasmussen, H. N.**, & O'Byrne, K. K. (2001). Can courage be learned? *Teaching of Psychology in Secondary Schools Newsletter*.

Technical Reports

Loubier, C., **Rasmussen, H. N.**, Siaya, L. (2013). *The Northcentral University Faculty Productivity Research Project*. Scottsdale, AZ: The Graduate School, Northcentral University.

Counts, J., Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2009). *The Children's Initiative Fund: Briefing Binder*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Counts, J., Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2008). *The Children's Initiative Fund: Briefing Binder*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2007 & 2008). *Protective Factors Survey Manual*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Counts, J., Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2007). *The Children's Initiative Fund: Briefing Binder*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Counts, J., Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2007). *Protective Factors Survey, Phase II*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Counts, J., Buffington, E., Chang-Rios, K.L., & **Rasmussen, H. N.** (2007). *Protective Factors Survey, Phase III*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Harms, H., **Rasmussen, H. N.**, & Buffington, E. (2007). *CBCAP Annual Report*. Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Rasmussen, H. N., & Counts, J. (2007). *National Alliance of Children's Trust Funds Annual Report*.

Lawrence, KS: Institute for Educational Research and Public Service, University of Kansas, School of Education.

Refereed National Presentations

- Rasmussen, H.N.** (2014, August). The How of Gratitude in Organizations, and Schools. In K. K. O'Byrne (Chair), *The How of Gratitude: Applications for Therapists, Families, Organizations, and Schools*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Rasmussen, H.N.** (2014, August). Building Research Skills in Online Doctoral Students. In K. K. O'Byrne (Chair), *Cultivating Scholars: Issues in Online Doctoral Education in Psychology*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.
- Rasmussen, H. N.** (2013, August). Health promotion and disease prevention in action: Psychologists as consultants. In K. K. O'Byrne (Chair), *Embracing the changing healthcare system: Counseling psychologists as health promotion consultants*. Symposium conducted at the meeting of the American Psychological Association, Honolulu, HI.
- Wallio, S. C., Conrad-Hiebner, A. R., Schoemann, A. M., & **Rasmussen, H. N.** (2013, August). *The Relationship between caregiver or child age and protective factors against child maltreatment*. Poster presented at the meeting of the American Psychological Association, Honolulu, HI.
- Chang-Rios, K., Buffington, E., **Rasmussen, H. N.**, & Counts, J. (2009, November). *Challenges in Developing and Implementing an Accountability Framework for Master Tobacco Settlement Monies*. Paper presented at the annual meeting of the American Evaluation Association, Orlando, FL.
- Chang-Rios, K., Counts, J., **Rasmussen, H. N.**, & Buffington, E. (2009, November). *Demonstrating Prevention Program Effectiveness: An Examination of the Validity of the Retrospective Pretest Design*. Paper presented at the annual meeting of the American Evaluation Association, Orlando, FL.
- Wallio, S., Schoemann, A., & **Rasmussen, H. N.** (2008, March). *The relationships among caregiver physical health and protective factors against child maltreatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- Ford, A., **Rasmussen, H. N.**, Burns, E. (2004, July). *Multicultural training in pre-doctoral internship programs: A survey of training directors*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Ohlde-Isbell, S. M. K., & **Rasmussen, H. N.** (2004, July). *Perceptions of prejudice among veterans*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Rasmussen, H. N.**, & Ohlde-Isbell, S. M. K. (2004, July). *Hostility, coping, and forgiveness: A more balanced view of veterans*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Christensen, N. E., Janowski, K. M., Lopez, S. J., Mikinski, T., Ryder, J. A., Burns, M. E., Ito, A., Petersen, S. E., **Rasmussen, H. N.**, & Turner, J. L. (2003, August). *The infusion of multiculturalism in training programs: Student-led initiative*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, ON.
- Petersen, S. E., Magyar-Moe, J. L., Burns, M. E., Ito, A., Janowski, K. M., **Rasmussen, H. N.**, Ryder, J. A.,

Turner, J. L., Edwards, L. M., & Pedrotti, J. T. (2003, August). *Perceptions of multicultural training in pre-doctoral internship programs: A follow-up study*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, ON.

Rasmussen, H. N., Troyer, J. M., Ulven, J., & Lopez, S. J. (2003, August). *Building hope for the future: A social cognitive career theory intervention*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, ON.

Ryder, J. A., Burns, M. E., Turner, J. L., **Rasmussen, H. N.**, Petersen, S. E., Janowski, K. M., Ford, A. I. (2003, August). *College student perceptions of multicultural counselors*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, ON.

Troyer, J. M., & **Rasmussen, H. N.** (2003, August). *Career and life planning course: Impact on retention*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, ON.

Edwards, L. M., Pedrotti, J. T., & **Rasmussen, H. N.**, & Lopez, S. J. (2002, August). *Unequal power relations: An intervention aimed at increasing awareness of privilege in college students*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Ito, A., Magyar-Moe, J. L., Edwards, L. M., Pedrotti, J. T., Petersen, S., **Rasmussen, H. N.**, & Ryder, J. (2002, August). *Religious faith and coping strategies in Native Americans*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Magyar-Moe, J. L., Petersen, S., Edwards, L. M., Ito, A., Pedrotti, J. T., **Rasmussen, H. N.**, & Ryder, J. (2002, August). *Perceptions of multicultural training in pre-doctoral internship programs: A survey*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Rasmussen, H. N., O'Byrne, K. K., Petersen, S., & Lopez, S. J. (2002, August). *Differences in courage between cultures: An international perspective*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Ryder, J., Pedrotti, J. T., Edwards, L. M., Ito, A., **Rasmussen, H. N.**, Magyar-Moe, J. L., & Petersen, S. (2002, August). *Forming a multicultural issues research group*. Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Lopez, S. J., Petersen, S., O'Byrne, K. K., **Rasmussen, H. N.** (2001, October). *Courage in today's youth*. Paper presented at the Third Annual Positive Psychology Summit, Washington, DC.

Rasmussen, H. N., Yamhure Thompson, L., Hoffman, L. & Snyder, C. R. (2001, August). *Forgiveness, trust, relationship satisfaction, and duration*. Poster session presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Rasmussen, H. N. & Lopez, S. J. (2000, August). *The relationship between forgiveness and adaptive coping*. Presented at the annual meeting of the American Psychological Association, Washington, DC.

Rasmussen, H. N., Robinson, C. M., Yamhure Thompson, L., & Snyder, C. R. (2000, August). *Factors that facilitate and hinder forgiveness of others*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.

Refereed Regional Presentation

Wallio, S., Counts, J., Buffington, E., Chang-Rios, K., & **Rasmussen, H. N.** (2008, May). *Caregiver stress and depression related to child maltreatment prevention*. Presentation at the Midwestern Psychological Association (MPA) Conference, Chicago, IL.

Rasmussen, H. N., Edwards, L. M., & Lopez, S. J. (2001, October). *The relationship between hope and coping: An exploration of positive constructs in Native-American adults*. Poster session presented at the Association for Psychological and Educational Research in Kansas Conference, Baldwin City, KS.

Professional Presentations

Buffington, E., Counts, J., Chang-Rios, K., & **Rasmussen, H. N.** (2008). *Kansas Children's Cabinet & Trust Fund Meeting*. Presentation of funding significance, target population, evaluation, and evidence-based practices information for programs receiving CIF money.

Rasmussen, H. N., Stone, M., & O'Byrne, K. K. (2008). *Positive Psychology and Physical Health*. Invited presentation to community members, Village U, Village Presbyterian Church, Prairie Village, KS.

Counts, J., Buffington, E., Chang-Rios, K., & **Rasmussen, H. N.** (2008). *The Development of the Protective Factors Survey*. Invited presentation to the Community-based Child Abuse and Neglect National Advisory Committee, Baltimore, MD.

Buffington, E., Counts, J., Chang-Rios, K., & **Rasmussen, H. N.** (2007). *Kansas Children's Cabinet & Trust Fund Meeting*. Presentation of funding significance, target population, evaluation, and evidence-based practices information for programs receiving CIF money.

Rasmussen, H. N. (2007). *Evidence-Based Programs and Practices*. Presentation to Community-Based Child Abuse and Neglect Prevention grantees regarding the CBCAP Efficiency Measure.

Professional Service

Board Member, Douglas County, Kansas CASA (Court Appointed Special Advocates for Children), January 2016-Present

Ad Hoc Reviewer, *Journal of Social and Clinical Psychology*, November 2004-Present

Ad Hoc Reviewer, *Personality and Social Psychology Review*, January 2005-Present

Ad Hoc Reviewer, *Journal of Personality*, June 2005-Present

Ad Hoc Reviewer, *Personality and Individual Differences*, March 2005-Present

Ad Hoc Reviewer, *Journal of Positive Psychology*, November 2006-Present

Ad Hoc Reviewer, *Psychology and Health*, February 2007 - Present

Ad Hoc Reviewer, *Journal of Health Psychology*, July 2007

Ad Hoc Reviewer, *Journal of Psychosomatic Research*, July 2008, January 2014

Ad Hoc Reviewer, *The Counseling Psychologist*, February 2014, September 2014

Dissertation Committee Member, Stephanie Wallio, Clinical Health Psychology, University of Kansas, 2007

Dissertation Chair, Brian Stevens, School of Education, Northcentral University, 2014

Awards and Honors

Psi Chi, National Honor Society in Psychology

- May 1996

Positive Psychology Summit Graduate Student Travel Award, The Gallup Organization

- March 2000 & March 2001

Mary Oyster O'Guin Scholarship, University of Kansas

- Academic years 2000-2001 & 2001-2002

First Place-Graduate Student Empirical Paper, Association for Psychological & Educational Research in Kansas

- October 2001

Richard M. Rundquist Scholarship, University of Kansas

- Academic year 2002-2003

University of Kansas Graduate Student Conference Travel Award

- August 2002

American Psychological Association Student Travel Award

- August 2003

Ruth L. Kirschstein National Research Service Award Institutional Research Training Grant (Postdoctoral Fellowship; NIH HL07560), Department of Psychiatry, University of Pittsburgh School of Medicine

- 2004-2006

Pittsburgh Mind-Body Center Summer Institute

- June 2005

Exemplary Service to Children and Families Award, 35th Annual Governor's Conference for the Prevention of Child Abuse and Neglect, Topeka, KS

- November 2011

Professional Membership

American Psychological Association, Member

- Division 17, Society of Counseling Psychology
 - Positive Psychology Section
 - Counseling Health Psychology Section
- Division 38, Health Psychology

The Society of Behavioral Medicine, Member

American Psychosomatic Society, Member