

Kristen N. Hensley, Ph.D.

Address and Contact Information

209 S. Brittany Dr.
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Education

Doctor of Philosophy in Counseling Psychology, May 2008
The University of Kansas, Lawrence, KS (APA-accredited)
Cumulative GPA: 4.00

Master of Science in Counseling Psychology, December 2005
The University of Kansas, Lawrence, KS (APA-accredited)
Cumulative GPA: 4.00

Bachelor of Science in Psychology and Human Development and Family Life, May 2001
The University of Kansas, Lawrence, KS
Double Major/Cumulative GPA: 3.56

Honors and Activities

Licensed Psychologist, Kansas	2012-present
Human Rights Committee, L'Arche Heartland	2009-present
Faculty Advisor for Lambda Sigma Sophomore Honor Society-Tau Chapter	2009-present
Golden Key National Honor Society	1999-2008
Pre-Doctoral Internship	2006-2007
Counseling Psychology Student Organization, Member	2001-2006
Graduate Teaching Assistant	2003-2006
University of Kansas, School of Education Scholarship	2003-2006
Counseling Psychology Student Organization, Student Representative	2002-2003
Megan E. Taylor Memorial Scholarship	1997-2003
Fortis Inc. Company Scholarship	1997-2001
Mount Oread Scholar	1997-1999
University of Kansas Leadership Scholarship	1997-1998

Work Experience

Director, Center for Psychoeducational Services, The University of Kansas, Lawrence, KS, August 2009-present, Supervisors: Dr. James W. Lichtenberg, Ph.D., ABPP and Dr. Steven Lee, Ph.D.

Full-time director position of the Center for Psychoeducational Services in the School of Education at KU. Responsibilities include coordinating services within CPS, direct administrative oversight of the center, facilitating program use of the center as a training site,

working with Counseling Psychology and School Psychology faculty and program directors to assure that program needs are met and training resources/equipment are available to them and students; providing immediate and direct supervision and consultation regarding CPS clients and CPS services; parent consultation; clinical client work; hiring, training, and monitoring the work of student hourly assistants and the Graduate Teaching Assistant for the center; meeting with Counseling Psychology and School Psychology faculty to update them on CPS issues; participating in research conducted in the center; recruitment activities; and cooperation and collaboration with colleagues, support staff, and those affiliated with KU.

Faculty, Department of Educational Psychology, The University of Kansas, Lawrence, KS, August 2009-Present, Supervisor: Dr. Thomas Krieschok, Ph.D.

Part-time faculty/professor position in the Counseling Psychology graduate program through the Department of Educational Psychology at KU. Responsibilities include teaching 2 courses for Master's and Doctoral students in EPSY each semester (courses taught include Counseling Theory and Techniques, Psychodiagnostic Assessment, Master's Practicum, Individual and Group Assessment, Positive Psychology, Advanced Practicum, Independent Study, College Teaching Experience, Substance Abuse Counseling, and Crisis and Disaster Counseling); developing course syllabi; preparing lectures; assignment of grades; evaluation; advising Master's students; supervision and consultation given to Master's and Doctoral students in Practicum and Field Experience; supervision and consultation given to upper level Doctoral students in College Teaching Experience; regular program meetings; regular departmental meetings; regular School Assemblies; serving on Master's project and thesis committees; serving on Doctoral Dissertation and comprehensive exam committees; serving on Master's Admissions committee; and cooperation and collaboration with colleagues, support staff, and those affiliated with KU.

Lecturer, Department of Psychology and Research in Education, The University of Kansas, Lawrence, KS, August 2008-August 2009, Supervisor: Dr. Thomas Krieschok, Ph.D.

Full-time lecturer/professor position in the Counseling Psychology graduate program through the Department of Psychology and Research in Education at KU. Responsibilities include teaching 12 credit hours of graduate classes for Master's and Doctoral students in PRE each semester (courses taught include Counseling Theory and Techniques, Psychodiagnostic Assessment, Master's Practicum, Individual and Group Assessment, College Teaching Experience, and Positive Psychology); developing course syllabi; preparing lectures; assignment of grades; evaluation; supervision and consultation given to Master's students in Practicum and Field Experience; supervision and consultation given to upper level Doctoral students in College Teaching Experience; regular program meetings; regular departmental meetings; regular School Assemblies; serving on Master's project and thesis committees; serving on Master's Admissions committee; and cooperation and collaboration with colleagues, support staff, and those affiliated with KU.

Clinical Therapist, Bert Nash Community Mental Health Center, Lawrence, KS, August 2007-August 2008, Clinical Supervisor: Dr. Kala Bhana, Ph.D.

Full-time, clinical position as a clinical therapist in Child and Family Services in community mental health center. Responsibilities include individual and family counseling; clinical intake and diagnostic assessment; treatment plan development and implementation; SED Waiver

clinical assessment; consultation and coordination among an inter-disciplinary team; weekly team meetings; weekly supervision received; monthly all-staff CFS meetings; quarterly all-staff Bert Nash meetings; various trainings and seminars, including In-Home Family Therapy Training, Nonviolent Crisis Intervention Training, and Brief Strategic Family Therapy Training; evaluation; and cooperation and collaboration with colleagues, support staff, and those affiliated with Bert Nash CMHC.

Pre-Doctoral Intern, University of Missouri-Kansas City, Kansas City, MO, August 2006-August 2007, Training Director: Dr. Arnold Abels, Ph.D.

Full-time, one year, pre-doctoral internship as a staff member of UMKC's Counseling, Health, & Testing Center. Responsibilities include individual, couples, and group counseling; intake and diagnostic assessment; assessment and testing through the Assess for Success Program; outreach development, coordination, and presentations; consultation; supervision received and provided; weekly crisis coverage; weekly case staffing meetings; weekly in-service training; weekly seminars in supervision; bi-weekly seminars in assessment and multiculturalism; weekly staff meetings and meetings with training director; special focus rotations; evaluation; and cooperation and collaboration with colleagues, support staff, and those affiliated with UMKC.

Career Counselor/Specialist, The University Career Center, The University of Kansas, Lawrence, KS, June 2002-May 2006

Counsel individual clients with major/career concerns and make clinical referrals when necessary. Utilize career assessments, specifically the Strong Interest Inventory, the Myers-Briggs Type Indicator, and Do What You Are, to assist clients in making progress toward their major/career goals. Cooperate and collaborate with colleagues.

Graduate Teaching Assistant (GTA), Teaching Assistant and Graduate Supervisor for PRE 855/865-Psychoeducational Clinic I and II, The University of Kansas, Lawrence, KS, Fall 2005-Spring 2006, Instructor: Dr. Julia Shaftel, Ph.D.

Assist in managing the Center for Psychoeducational Services at the University of Kansas. Assist in all aspects of running the clinic, including phone intakes and HIPPA compliance. Assist with course preparation and grading, including reviewing test protocols and videotapes of all aspects of students' clinical performance. Provide consultation and individual supervision to 2nd year school psychology graduate students, and maintain communication with clinic director and student clinicians.

Graduate Teaching Assistant (GTA), Instructor and Group Discussion Leader for PRE 101-Summer Orientation Seminar, The University of Kansas, Lawrence, KS, Summers 2004-2006
In charge of planning and scheduling a four-week summer orientation seminar for a group of incoming Freshman to KU. Lead a small group of students in 3-hour classes, four times a week, for four weeks, orienting students to the University of Kansas and Lawrence, KS, providing helpful resources, and assisting in making a smooth transition from high school to college. Grade assignments and overall performance of students, and maintain communication with all students.

Graduate Teaching Assistant (GTA), Teaching Assistant and Group Discussion Leader for PRE 210-Career and Life Planning, The University of Kansas, Lawrence, KS, Fall 2003- Spring 2005, Instructor: Dr. Richard Nelson, Ph.D.

In charge of planning and scheduling all discussion groups and group leaders for Career and Life Planning. Develop a teaching plan, syllabus, and grading criteria for all discussion groups, and communicate with all other discussion group leaders and the class professor. Lead three groups myself. Lead approximately 35 undergraduate students in pertinent activities and meaningful discussion concerning major/career and life goals. Grade assignments and overall performance of students, and maintain communication with all students.

Teaching Assistant, Group Discussion Leader for PRE 210-Career and Life Planning, The University of Kansas, Lawrence, KS, Fall 2002-Spring 2003, Instructor: Dr. Richard Nelson, Ph.D.

Lead one group discussion section for Career and Life Planning. Develop a teaching plan, syllabus, and grading criteria for group discussion class. Lead approximately twelve undergraduate students in pertinent activities and meaningful discussion concerning major/career and life goals. Grade assignments and overall performance of students, and maintain communication with students.

Educational Experience

Doctoral Dissertation, The University of Kansas, Lawrence, KS, Final Defense: April 2008, Advisor: Dr. Shane Lopez, Ph.D., Title: Self-determination, hope, and subjective well-being in adolescents with cognitive disabilities.

Involved collaborating with advisor and faculty members, researching an area of interest, creating and developing an idea to further research and test, establishing contacts and resources to conduct study, running data, analyzing findings, summarizing and making conclusions based on evidence gathered, managing research, defense of proposal in front of a committee of 3 faculty members, and final defense of the entire dissertation in front of a committee of 5 faculty members.

Pre-Doctoral Internship, University of Missouri-Kansas City, Kansas City, MO, August 2006-August 2007, Training Director: Dr. Arnold Abels, Ph.D., Total Clock Hours: Approximately 2000 hours

Full-time, one year, pre-doctoral internship as a staff member of UMKC's Counseling, Health, & Testing Center. Responsibilities include individual, couples, and group counseling; intake and diagnostic assessment; assessment and testing through the Assess for Success Program; outreach development, coordination, and presentations; consultation; supervision received and provided; weekly crisis coverage; weekly case staffing meetings; weekly in-service training; weekly seminars in supervision; bi-weekly seminars in assessment and multiculturalism; weekly staff meetings and meetings with training director; special focus rotations; evaluation; and cooperation and collaboration with colleagues, support staff, and those affiliated with UMKC.

Graduate Teaching Assistant (GTA), Teaching Assistant and Graduate Supervisor for PRE 855/865-Psychoeducational Clinic I and II, The University of Kansas, Lawrence, KS, Fall 2005-Spring 2006, Instructor: Dr. Julia Shaftel, Ph.D.

Assist in managing the Center for Psychoeducational Services at the University of Kansas. Assist in all aspects of running the clinic, including phone intakes and HIPPA compliance. Assist with course preparation and grading, including reviewing test protocols and videotapes of all aspects

of students' clinical performance. Provide consultation and individual supervision to 2nd year school psychology graduate students, and maintain communication with clinic director and student clinicians.

Graduate Teaching Assistant (GTA), Instructor and Group Discussion Leader for PRE 101-Summer Orientation Seminar, The University of Kansas, Lawrence, KS, Summers 2004-2006
In charge of planning and scheduling a four-week summer orientation seminar for a group of incoming Freshman to KU. Lead a small group of students in 3-hour classes, four times a week, for four weeks, orienting students to the University of Kansas and Lawrence, KS, providing helpful resources, and assisting in making a smooth transition from high school to college. Grade assignments and overall performance of students, and maintain communication with all students.

Graduate Teaching Assistant (GTA), Teaching Assistant and Group Discussion Leader for PRE 210-Career and Life Planning, The University of Kansas, Lawrence, KS, Fall 2003- Spring 2005, Instructor: Dr. Richard Nelson, Ph.D.

In charge of planning and scheduling all discussion groups and group leaders for Career and Life Planning. Develop a teaching plan, syllabus, and grading criteria for all discussion groups, and communicate with all other discussion group leaders and the class professor. Lead three groups myself. Lead approximately 35 undergraduate students in pertinent activities and meaningful discussion concerning major/career and life goals. Grade assignments and overall performance of students, and maintain communication with all students.

Teaching Assistant, Group Discussion Leader for PRE 210-Career and Life Planning, The University of Kansas, Lawrence, KS, Fall 2002-Spring 2003, Instructor: Dr. Richard Nelson, Ph.D.

Lead one group discussion section for Career and Life Planning. Develop a teaching plan, syllabus, and grading criteria for group discussion class. Lead approximately twelve undergraduate students in pertinent activities and meaningful discussion concerning major/career and life goals. Grade assignments and overall performance of students, and maintain communication with students.

Doctoral Practicum, Kansas City Veteran's Association Hospital, Kansas City, MO, Fall 2004-Spring 2005, Supervisors: Dr. Laura Eickman, Psy.D., Dr. Craig Helbok, Ph.D., and Dr. Susan Paolo, Ph.D., Total Clock Hours: Approximately 250 hours

Provide individual, couples, and group therapy to outpatient veterans in the Kansas City, MO metro-area. Manage client caseload, including documentation, intake assessment, referrals, and VA hospital involvement. Utilize brief and long-term therapy treatments. Receive individual supervision and consultation, and attend a clinical class each week.

Doctoral Field Experience, Kansas City Free Health Clinic, Kansas City, MO, Summer 2004, Director/Supervisor: Pat Larsen, Clinical Supervisor: Dr. Irma Rahtjen, Ph.D., Total Clock Hours: Approximately 100 hours

Provide counseling, intake, and assessment services for adults without health insurance in the Kansas City, MO metro-area. Manage client caseload, including documentation, intake assessment, and referrals. Utilize brief and long-term therapy treatments. Receive individual on-site and clinical supervision each week.

Doctoral Practicum, Kansas City Free Health Clinic, Kansas City, MO, Spring 2004,
Director/Supervisor: Pat Larsen, Clinical Supervisor: Dr. Irma Rahtjen, Ph.D., Total Clock
Hours: Approximately 125 hours

Provide counseling, intake, and assessment services for adults without health insurance in the
Kansas City, MO metro-area. Manage client caseload, including documentation, intake
assessment, and referrals. Utilize brief and long-term therapy treatments. Receive individual on-
site and clinical supervision and attend a clinical class each week.

Master's Field Experience, Center for Psychoeducational Services, The University of Kansas,
Lawrence, KS, Spring 2003, Director/Supervisor: Dr. Julia Shaftel, Ph.D., Total Clock Hours:
Approximately 125 hours

Provide counseling, intake, and assessment services for adolescents and children at the Center
and at a variety of Lawrence, KS elementary schools. Manage client caseload, including
documentation, intake assessments, parent/guardian involvement, and referrals. Utilize brief and
long-term therapy treatments. Receive individual supervision and attend clinical meetings each
week.

Master's Practicum, Center for Psychoeducational Services, The University of Kansas,
Lawrence, KS, Fall 2002, Director/Supervisor: Dr. Julia Shaftel, Ph.D., Total Clock Hours:
Approximately 125 hours

Provided individual counseling, intake, and assessment services for adolescents and children.
Managed client caseload, including documentation, intake assessments, parent/guardian
involvement, and referrals. Utilized brief and long-term therapy treatments. Received 2 hours of
individual supervision and consultation and attended a clinical class each week.

Master's Student Representative, Counseling Psychology Student Organization, The
University of Kansas, Lawrence, KS, Fall 2002-Spring 2003

Attend faculty meetings at the program and departmental levels. Serve on faculty committees as
student representative. Speak to faculty on behalf of the Student Organization and keep lines of
communication open between faculty and students.

Master's Thesis, The University of Kansas, Lawrence, KS, Advisor: Dr. Shane Lopez, Ph.D.,
Title: Examining the relationship between perception of friendship and self-concept in
adolescent girls.

Involves collaborating with a faculty member/advisor, researching an area of interest, creating
and developing an idea to further research and test, establishing contacts and resources to
conduct study, running subjects and data, analyzing findings, summarizing and making
conclusions based on evidence gathered, and managing research.

Undergraduate Independent Study for Psychology, The Child Memory Lab, The University
of Kansas, Lawrence, KS, Spring 2001, Director/Supervisor: Dr. Andrea Greenhoot, Ph.D.
Participated in studies involving children and memory functioning. Spent an average of ten hours
a week in lab conducting data entry and computer coding, working with children, peers, and
faculty, running subjects for studies, and collecting data.

Undergraduate Practicum for Human Development and Family Life, The Child Memory Lab, The University of Kansas, Lawrence, KS, Fall 2000, Director/Supervisor: Dr. Andrea Greenhoot, Ph.D.

Spent an average of ten hours a week in lab participating in various studies involving children and memory functioning. Trusted with data interpretation, data entry, computer coding, communicating and collaborating with peers and faculty, collecting information, and working with children.

Professional Publications

Bast, K. N. & Lopez, S. J. (2008). Hope. In F. Leong (Ed), *Encyclopedia of Counseling*. Thousand Oaks, CA: Sage Publications.

Professional Presentations

“When Something Goes Wrong: Examining predictors of who seeks treatment for sexual health concerns.” Presentation Date: November 7th, 2005, The Eastern and Midcontinent Regions of the Society for the Scientific Study of Sexuality: Child, Adolescent, and Elder Sexual Expression, November 3rd-6th, 2005, Atlanta, Georgia.

Affiliations

American Psychological Association, Professional Member, present

American Psychological Association, Student Member, Fall 2003-2008

Counseling Psychology Student Organization-University of Kansas, Member, Fall 2001-2006

American Counseling Association, Student Member, Summer 2002-2003