

DOCTORAL PROGRAM DEGREE REQUIREMENTS

The following is a listing of the required curriculum for the doctoral program effective August, 2012. Students are required to complete the program as it is in effect at the time of their first enrollment, and prospective students should note that this may differ somewhat from the curriculum appearing below. Courses in italics are those most commonly chosen by students.

I. Scientific psychology—its history of thought and development, its research methods, and its applications—is considered integral and foundational to Counseling Psychology and to this program. Within the program students are exposed to (a) the current body of knowledge regarding the biological aspects of behavior, cognitive and affective aspects of behavior, and social aspects of behavior, (b) the history and systems of psychology, (c) psychological measurement, (d) research methodology, and (e) techniques of data analysis. Coursework in these areas is integrated throughout the students' program, with the courses within the areas of measurement, research methodology and techniques of data analysis being taken sequentially. (NOTE: In this section and in the next, note should be made that our students' typically complete a significant portion of this foundational coursework through the Department of Psychology.)

Biological aspects of behavior (one course):

PSYC 961 Biological Foundations of Psychopathology

Cognitive and affective aspects of behavior (one course):

PSYC 723 Advanced Cognitive Psychology

Social aspects of behavior (one course):

PSYC 774 Advanced Social Psychology I

PSYC 775 Advanced Social Psychology II

PSYC 777 Social Psychology: Theory, Research, and Clinical Applications

History and systems of psychology (one course):

PSYC 805 History of Psychology

PRE 882 History and Systems of Psychology

Psychological measurement (one course):

PRE 921 Theory and Applications of Educational Measurement

PSYC 892 Test Theory

Research methodology

PRE 955 Research Methods in Counseling Psychology
(currently listed as *PRE 998 Research Methods*)

Techniques of data analysis (2 are required):

PRE 810 Regression Analysis

PRE 811 Analysis of Variance

Research Practicum

PRE 901 Three credits across at least two semesters culminating in a research product as defined in the [Policies and Procedures Manual](#).

II. Counseling Psychology Foundations. The practice of counseling psychology as an applied specialty within professional psychology rests on a number of scientific, methodological, theoretical, and ethical foundations relevant to the individual bases of behavior and professional practice. These include the psychology of individual differences, human development, dysfunctional behavior and psychopathology, and professional ethics. Within the program's curriculum, coursework is required to assure that students are exposed to the current body of knowledge within each of these areas.

Individual differences (two courses):

PRE 890 *Diagnosis and Psychopathology*
or PSYC 960 *Advanced Psychopathology*

PRE 875 *Cross-Cultural Counseling*

Human development (one course):

PRE 705 *Human Development through the Lifespan*

PRE 806 *Issues in Human Growth and Development*

Dysfunctional behavior/psychopathology (one course):

PRE 890 *Diagnosis and Psychopathology*

PSYC 960 *Advanced Psychopathology*

Professional standards and ethics:

PRE 880 *Ethical and Legal Issues in Professional Psychology*

PRE 918 *Professional Seminar in Counseling Psychology*

III. Assessment, Diagnosis, and Intervention. Being able to appropriately diagnose or define problems through psychological assessment and measurement and to formulate, implement, and evaluate interventions is fundamental to the professional activities of counseling psychologists—regardless of work setting. In order to assure that our students are graduated with appropriate skills in these areas, the program exposes students to the current body of knowledge in theories and methods of assessment and diagnosis, effective interventions, supervision/consultation, and evaluating the efficacy of interventions. Evaluation of the efficacy of clinical interventions is an integral part of practicum experience.

Theories and methods of assessment and diagnosis (all required unless noted):

PRE 830 *Individual and Group Assessment*

PRE 890 *Diagnosis & Psychopathology* *or*

PSYC 960 *Advanced Psychopathology*

PRE 951 *Psychodiagnostic Assessment*

PRE 995 *Field Experience in Psychodiagnostic Assessment (elective)*

PRE 885 *Projective Assessment (elective)*

Effective intervention (all required unless noted):

PRE 740 *Counseling and Interviewing Skills*

PRE 742 *Counseling Theory and Techniques*

PRE 844 *Theory of Group Counseling*

PRE 846 *Career Development*

PRE 875 *Cross-Cultural Counseling*

PRE 842 *Counseling Practicum*

PRE 948 *Advanced Practicum I*

PRE 949	<i>Advanced Practicum II (2 consecutive semesters)</i>
PRE 952	<i>Advanced Counseling Theory and Research</i>
PRE 954	<i>Vocational Psychology</i>
PRE 990	<i>Internship (1 year)</i>
PRE 995	Field Experience in Counseling and Psychotherapy (elective)

Consultation and supervision (all required unless noted):

*See the [Policies and Procedures Manual](#) for more details.

PRE 945	<i>Clinical Supervision and Consultation</i>
PRE 996	<i>College teaching experience in the supervision of psychotherapy</i>
PRE 995	Field Experience in the Supervision of Psychotherapy (elective)

Evaluating the efficacy of interventions (all are required):

PRE 742	<i>Counseling Theory and Techniques</i>
PRE 846	<i>Career Development</i>
PRE 875	<i>Cross-Cultural Counseling</i>
PRE 952	<i>Advanced Counseling Theory and Research</i>
PRE 954	<i>Vocational Psychology</i>

IV. Individual and cultural diversity. Issues of individual and cultural diversity are relevant to psychological theory, measurement and assessment, professional practice, and research. For this reason, exposure to issues of cultural and individual diversity are incorporated throughout the curriculum—including especially, assessment, diagnosis and psychopathology, counseling theories and techniques, human development, and career development, as well as in field-based experiential courses (e.g., practicum, internship). The program also requires that all students complete the course, *PRE 875: Cross-Cultural Counseling*.

V. Lifelong learning. Although not specifically stated as one of the program’s goals or objectives, it is certainly the expectation of the program that its students will reflect the attitudes and possess the skills essential for life-long learning, scholarly inquiry, and professional problem-solving within their careers as counseling psychologists. No specific course or experience “targets” this program area. However, as program faculty, we attempt to instill these attitudes and values in our students through the modeling of our own enthusiasm for learning and inquiry, as well as through our encouragement of their involvement in and contributions to the profession. The program faculty, both individually and as a whole, engage in numerous professional activities at the local, state, regional, and national levels that attest to their commitment to the science and practice of counseling psychology. More specifically, they model attitudes and skills that we hope and expect our students to acquire. Throughout the curriculum—in our theory, research and clinical skills (assessment and practicum) classes—we emphasize an attitude of critical thinking.

VI. Practica training: In addition to the above didactic coursework, the program requires that our students receive adequate and appropriate practicum experiences—experiences that are consistent with the generalist objectives of our program, the immediate and long-term training goals of the program, and support a scientist-practitioner orientation to training and to the provision of clinical services that characterize the program. These practicum experiences (and subsequent additional supervised field experiences) are sequenced throughout the student’s program.

Students complete their sequence of practicum experiences in several different settings, thereby assuring diversity of training experiences in terms of: therapeutic setting, clientele, professional/organizational structures, disciplinary “mix,” therapeutic orientation (theoretical orientation as well as short-term vs. long-term treatment), etc. Students are assigned to practicum placements with a goal of assuring a reasonably graduated sequence of training experiences. The practicum sequence is an integrated component of each student’s training program

Our students are placed in a variety of clinical settings—university counseling centers, VA medical centers, community mental health clinics, state mental hospitals, and private and public psychiatric facilities. Each is a multi-disciplinary setting that provides students with the opportunity to interact with, and to receive supervision or consultation from a diversity of professional staff—counseling psychologists, clinical psychologists, physicians/psychiatrists, social workers, and counselors.

The Center for Psychoeducational Services (CPS) provides a training resource that is shared with and cooperatively administered by the School Psychology and Counseling Psychology training programs.

As a result of the breadth (and sufficiency) of their didactic and field-based training, our students have done very well in securing their preferred internship placements.

PRE 842, 6 credits, Counseling Practicum (one semester)

PRE 948, 3 credits, Advanced Practicum I (one semester)

*PRE 949, 3 credits, Advanced Practicum II (two consecutive semesters
in the same setting)*

VII. The Elective Block. The doctoral program has an elective block requirement that includes three regularly scheduled courses taken at KU. These are to be regularly scheduled courses (and may include 998 seminars), thus the requirement cannot be fulfilled using field experiences, college teaching experiences, independent study, etc. A *research* elective is NOT required-but should be encouraged (and may be expected) by advisors, keeping in mind that students are expected to have the research competencies necessary to successfully complete the dissertation.

VIII. Internship in Counseling Psychology

PRE 990 Internship in Counseling Psychology
(3 credit hours spread across 3 consecutive terms of 1 credit each)

IX. Dissertation

PRE 999 Dissertation (minimum of 18 credit hours)

SAMPLE FIRST YEAR PROGRAM
(to be used as an example only)

Bachelor's Level*

Fall

PRE 918 (1 hour)

PRE 740

PRE 742

PRE 846**

PRE 998 Research Methods

Spring

PRE 830

PRE 880

PRE 875

PRE 890

Master's Level

Fall

PRE 918

PRE 951

PRE 811 (or 810)

PRE 705 (or 806)

PRE 846 (if needed) or Psych Core Course

Spring

PRE 948

PRE 952 (or 954)

PSYC 775

PSYC 961

* Students entering with a bachelor's degree must be sure to take those courses that are prerequisites to advanced courses.

** To be excluded if only enrolling for 10 hours in the fall